PI CORE TECHNIQUE: LEVEL 2

SCRIPT FOR PI CORE TECHNIQUE: LEVEL 2

Teacher**:** Sit up straight. Close your eyes.
Teacher**:** Rub your hands together. Feel the warmth of your hands.

Teacher**:** Right hand on right eye to improve math and reading
(2 second pause for students to place hand)
Teacher**:** Go deep inside the eye
(2 second pause for students to silently concentrate on the eye)
Teacher**:** To improve math and reading
(students are silent and listen)
Students**:** To improve math and reading
(students repeat the auto-suggestion)
Teacher**:** AH, AH
(teachers vocalize the phonemes, students silently say the phonemes while focusing on the phonemes going deep inside the eye/brain)
Teacher**:** EE, EE
(teachers vocalize the phonemes, students silently say the phonemes while focusing on the phonemes going deep inside the eye/brain)
Teacher**:** AI, AI
(teachers vocalize the phonemes, students silently say the phonemes while focusing on the phonemes going deep inside the eye/brain)
Teacher**:** Feel the sounds go deep inside
(students are silent while focusing on the eye/brain)

Teacher**:** Right hand on left brain to improve math and reading
Teacher**:** Go deep inside the brain
Teacher**:** To improve math and reading
Students**:** To improve math and reading
Teacher**:** AH, AH
Teacher**:** EE, EE
Teacher**:** AI, AI
Teacher**:** Feel the sounds go deep inside

Teacher**:** Left hand on left eye to be creative
Teacher**:** Go deep inside the eye
Teacher**:** To be creative
Students**:** To be creative
Teacher**:** AH, AH
Teacher**:** EE, EE
Teacher**:** AI, AI
Teacher**:** Feel the sounds go deep inside

Teacher**:** Left hand on right brain to be creative
Teacher**:** Go deep inside the brain
Teacher**:** To be creative
Students**:** To be creative

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Teacher: AH, AH
Teacher: EE, EE
Teacher: AI, AI
Teacher: Feel the sounds go deep inside

Teacher: Right hand on forehead to improve right decision
Teacher: Go deep inside the forehead
Teacher: To improve right decision
Students: To improve right decision
Teacher: AH, AH
Teacher: EE, EE
Teacher: AI, AI
Teacher: Feel the sounds go deep inside

Teacher: Left hand on back of head to improve intuition
Teacher: Go deep inside the back of the head
Teacher: To improve intuition
Students: To improve intuition
Teacher: AH, AH
Teacher: EE, EE
Teacher: AI, AI
Teacher: Feel the sounds go deep inside

Teacher: Relax and open your eyes.

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