PI CORE TECHNIQUE: LEVEL 1

SCRIPT FOR PI CORE TECHNIQUE: LEVEL 1

Teacher:	Sit up straight. Close your eyes.
Teacher:	Rub your hands together. Feel the warmth of your hands.
Teacher:	Right hand on right eye to improve math and reading **(2-second pause for students to place hand)**
Teacher:	Go deep inside the eye **(2-second pause for students to silently focus)**
Teacher:	To improve math and reading **(students are silent and listen)**
Students:	To improve math and reading **(students repeat the auto-suggestion)**
All:	AH, AH **(students/teachers vocalize while focusing on the phonemes going deep inside the eye/brain)**
All:	EE, EE **(students/teachers vocalize while focusing on the phonemes going deep inside the eye/brain)**
All:	AI, AI **(students/teachers vocalize while focusing on the phonemes going deep inside the eye/brain)**
Teacher:	Feel the sounds go deep inside **(students are silent while focusing on the eye/brain)**
Teacher:	Right hand on left brain to improve math and reading
Teacher:	Go deep inside the brain
Teacher:	To improve math and reading
Students:	To improve math and reading
All:	AH, AH
All:	EE, EE
All:	AI, AI
Teacher:	Feel the sounds go deep inside
Teacher:	Left hand on left eye to be creative
Teacher:	Go deep inside the eye
Teacher:	To be creative
Students:	To be creative
All:	AH, AH
All:	EE, EE
All:	AI, AI
Teacher:	Feel the sounds go deep inside
Teacher:	Left hand on right brain to be creative
Teacher:	Go deep inside the brain
Teacher:	To be creative
Students:	To be creative
All:	AH, AH

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All: EE, EE
All: AI, AI
Teacher: Feel the sounds go deep inside

Teacher: Right hand on forehead to improve right decision
Teacher: Go deep inside the forehead
Teacher: To improve right decision
Students: To improve right decision
All: AH, AH
All: EE, EE
All: AI, AI
Teacher: Feel the sounds go deep inside

Teacher: Left hand on back of head to improve intuition
Teacher: Go deep inside the back of the head
Teacher: To improve intuition
Students: To improve intuition
All: AH, AH
All: EE, EE
All: AI, AI
Teacher: Feel the sounds go deep inside

Teacher: Relax and open your eyes.

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